

Sermon Notes | Psalm 91

What is your greatest fear?

A. God is a Safe Place to Dwell (v.1-4)

He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.² I will say to the LORD, “My refuge and my fortress, my God, in whom I trust.”

³ For he will deliver you from the snare of the fowler and from the deadly pestilence.

⁴ He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.

B. God Protects you from Danger (v. 5-10)

⁵ You will not fear the terror of the night, nor the arrow that flies by day,

⁶ nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.

⁷ A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

⁸ You will only look with your eyes and see the recompense of the wicked.

⁹ Because you have made the Lord your dwelling place—the Most High, who is my refuge—¹⁰ no evil shall be allowed to befall you, no plague come near your tent.

Big Idea: Dwell in God to avoid being ruled by fear.

C. God will Save those who Love Him (v. 11-16)

¹¹ For he will command his angels concerning you to guard you in all your ways.

¹² On their hands they will bear you up, lest you strike your foot against a stone.

¹³ You will tread on the lion and the adder; the young lion and the serpent you will trample underfoot.

¹⁴ “Because he **holds fast** to me **in love**, I will deliver him; I will protect him, because he **knows my name**.¹⁵ When he calls to me, I will answer him; I will be **with him in trouble**; I will rescue him and honor him.

¹⁶ With long life I will satisfy him and show him my *salvation*.

“This psalm promises us security, not from danger, but in danger”
-Thomas Hale

Big Idea: Dwell in God to avoid being ruled by fear.

Discussion Questions | Psalm 91

- What did God speak to you this weekend?
- What are some of your biggest fears?

Read Psalm 91:1–4

- What does it look like to dwell in God?
- How have you seen God be a safe place for you?

Read Psalm 91:5–10

- What dangers has God protected you from?

Read Psalm 91:11–16

- What does it mean to have hope in God's salvation?
- What does this psalm teach us about God's character?
- How can you use this psalm when you're dealing with fear?