

Sermon Notes | Psalm 77

Psalm 77:1-9

I cry **aloud** to God, aloud to God, and he will hear me.

²In the day of **my trouble I seek** the Lord; in the night my hand is stretched out without wearying; my soul refuses to be comforted.

³When I remember God, I **moan**; when I meditate, my **spirit faints**. *Selah*

⁴You hold my eyelids open; I am so troubled that I cannot speak.

⁵I consider the days of old, the **years long ago**.

⁶I said, "Let me remember my song in the night; let me meditate in my heart." Then my spirit made a **diligent search**:

⁷"Will the Lord spurn forever, and never again be favorable?

⁸Has his steadfast love forever ceased? Are his promises at an end for all time?

⁹Has God **forgotten to be gracious**? Has he in anger shut up his compassion?" *Selah*

Why does God go silent?

Psalm 66:18- "If I regard iniquity in my heart, the Lord will not hear me."

A. I will Remember God's Works (Psalm 77:10-15)

¹⁰Then I said, "I will appeal to this, to the **years** of the **right hand** of the **Most High**." ¹¹I will remember the deeds of the Lord; yes, I will remember your wonders of old. ¹²I will ponder all your work, and meditate on your mighty deeds. ¹³Your way, O God, is holy. What god is great like our God? ¹⁴You are the God who works wonders; you have made known your might among the peoples. ¹⁵You with your arm **redeemed** your people, the children of Jacob and Joseph. *Selah*

B. I Will Focus on God's Power (Psalm 77:16-20)

¹⁶When the waters saw you, O God, when the waters saw you, they were afraid; indeed, the deep trembled. ¹⁷The clouds poured out water; the skies gave forth thunder; your arrows flashed on every side. ¹⁸The crash of your thunder was in the whirlwind; your lightnings lighted up the world; the earth trembled and shook. ¹⁹Your way was **through the sea**, your path through the great waters; yet your **footprints were unseen**. ²⁰**You led your people** like a flock by the hand of Moses and Aaron.

Exodus 14:3- "They are entangled in the land, the wilderness hath shut them in."

Exodus 13:17b "The people might change their minds when they see war, and return to Egypt."

Big Idea: Even when God feels distant there is reason to trust Him.

Discussion Questions | Psalm 77

- What did God speak to you this weekend?

Read Psalm 77:1–4

- What hard seasons of life have you gone through that felt like God wasn't there?
- How can you relate to Asaph?

Read Psalm 77:5–9

- What are some of the harder questions you have asked God?

Read Psalm 77:10–15

- What are some of the works you can remember God has done in your life?

Read Psalm 77:16–20

- How can you reflect on God's character and might this week?
- How is God inviting you to trust Him in this season?