

Equip
Study Guide Notes
Ephesians 4:14-16

1. Dunning-Kruger Effect – people draw conclusions with only limited information.

Heuristics- Mental short-cuts that allow people to make decisions quickly in an attempt to bring order into chaos.

Give a few examples of how people use these two dynamics to come to faulty conclusions on things. Share with the group about a time when this has happened to you.

2. Read Ephesians 4:14.

“...so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”

Give a few examples of all four dynamics of deception you have witnessed. Why is it important to be aware of these things?

3. Read Ephesians 4:15.

“Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ”

Share examples of people being either passive or aggressive in their communication with each other. What does it mean that Jesus was assertive? How could that help us *speak the truth in love*? Share an example you have seen when someone was able to *speak the truth in love* and it helped you or people you know, move towards maturity.

4. Read Ephesians 4:16.

“from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.”

How do you envision the Church *working properly* and *building itself up in love*? Share examples of what this might look like.

Equip

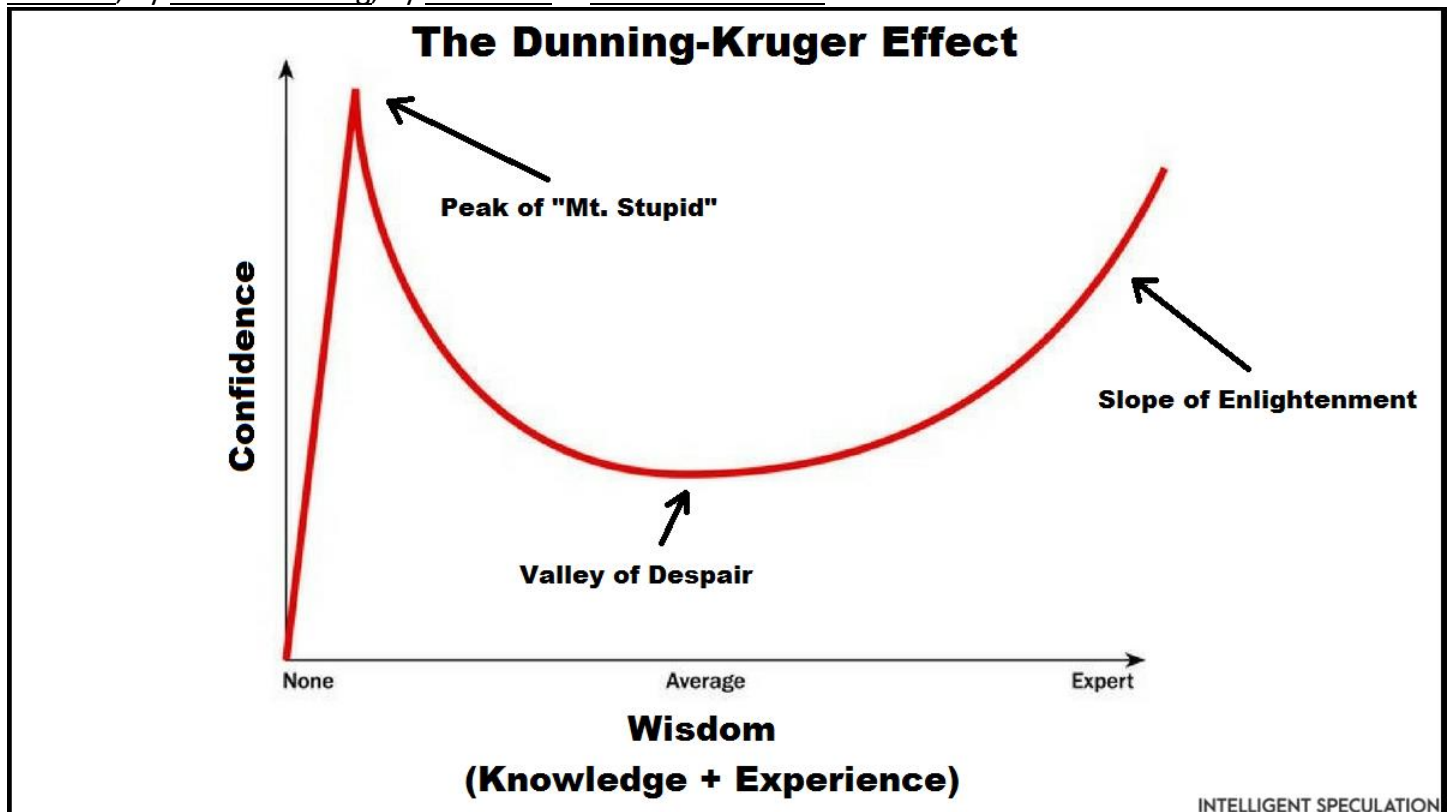
Equip- Ephesians 4:11-16

1. God equips the Body through spiritual gifts.
2. Equipped for: Work of ministry & Building up the Body
3. Equipped unto: Unity, Maturity & Fullness
>on mouse click<
4. Equipped by: Truth that leads to growth

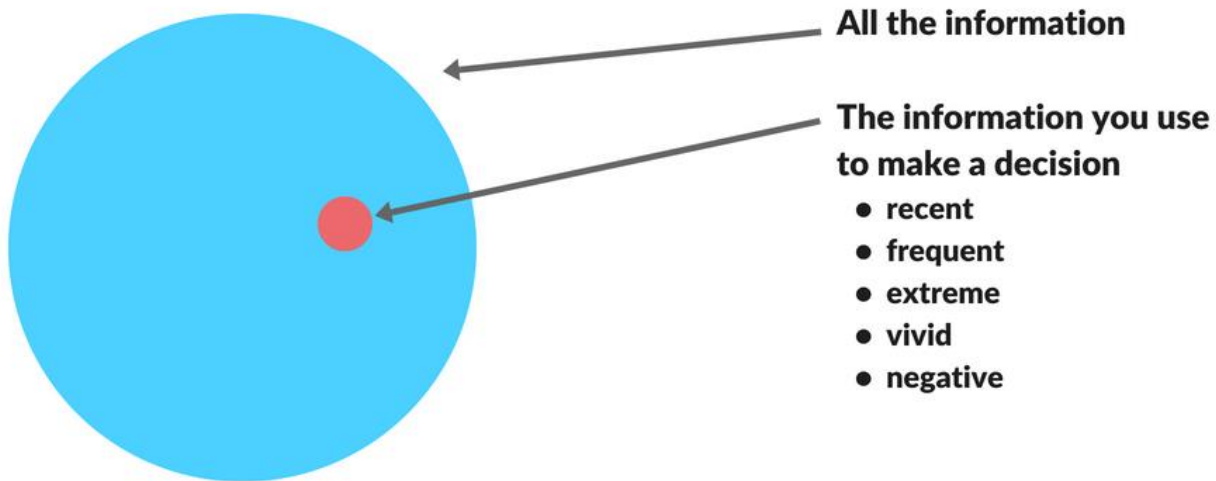
Big Idea: Truth leads to Growth

I. Growing Up Amidst Deception (Ephesians 4:14)

“...so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”



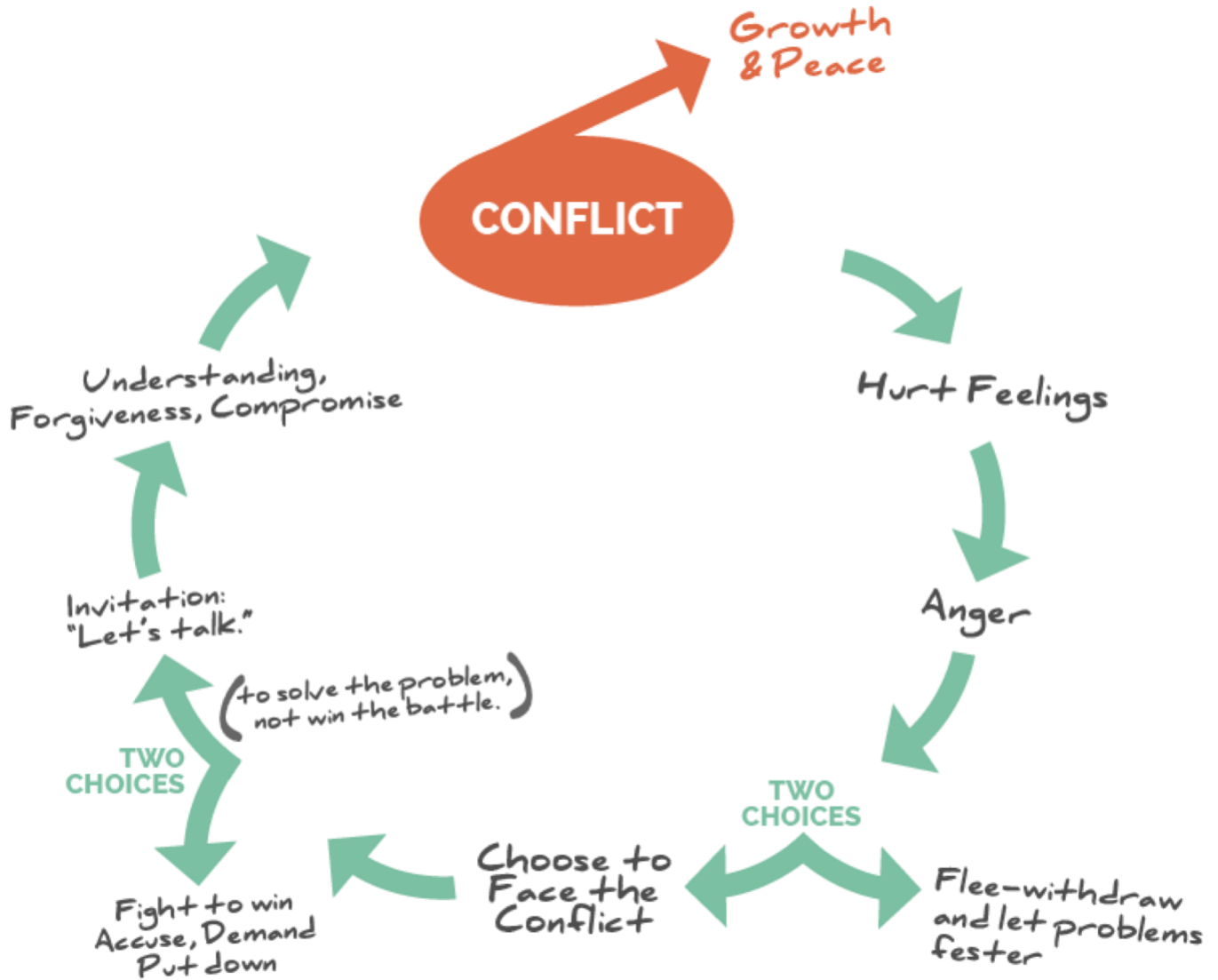
The availability heuristic



II. Growing up by Speaking Truth (v. 15)

“Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ”

1. Passive
2. Aggressive
3. Assertive - Jesus



III. Built Up (v. 16)

“from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.”

Big Idea: Truth leads to Growth

