

Sermon Notes | Multiply

2 Timothy 1:1-7

Big Idea: Embrace the Promise of Life

I. The Promise of Life (v.1)

Paul, an apostle of Christ Jesus by the **will of God**, according to the **promise of life** that is in Christ Jesus,

Read between the lines...

"I long to see you."	Lonely
"All those in Asia have turned against me."	Forsaken
"...bring my cloak."	Cold
"...bear the marks of Jesus."	Scared
"...bring my parchments."	Bored
"The time of my departure is at hand."	Facing Death

Image- 2 Tim. 2:2

II. Be in Christ (1-2)

Paul, an apostle of Christ Jesus by the will of God, according to the promise of life that is **in Christ Jesus**, ²**to Timothy, my dear son: Grace, mercy and peace from God the Father and Christ Jesus our Lord.**

III. Be Sincere (v.3-5)

³I thank God whom I serve, as did my ancestors, with a **clear conscience**, as I remember you constantly in my **prayers** night and day. ⁴As I remember your tears, I **long to see you**, that I may be filled with joy. ⁵I am reminded of your **sincere faith**, a faith that dwelt first in your grandmother Lois and your mother Eunice and now, I am sure, dwells in you as well.

Hebrews 9:13-14

¹³For if the blood of goats and bulls, and the sprinkling of defiled persons with the ashes of a heifer, sanctify for the purification of the flesh, ¹⁴how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, **purify our conscience** from dead works to serve the living God.

Thomas Keating

"The spiritual journey is not a success story or a career move. It is rather a series of humiliations of the false self."

IV. Be in the Spirit (v.6-7)

⁶For this reason I remind you to **fan into flame** the gift of God, which is in you through the laying on of my hands, ⁷for God gave us a **spirit not of fear** but of **power** and **love** and **self-control**.

A. Play to your strengths.

B. Name Your Fears

C. Rely on the Spirit

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Study Guide | **Multiply: Fearless** - January 2025
2 Timothy 1:1-7

1. Share any initial thoughts from the service.

What does the "promise of life" (v.1) mean to Paul, when he had experienced persecution and was facing execution? How have you seen God provide you with "life" now already, and not just in the afterlife? Discuss.

2. Our key verse for this series is 2 Tim. 2:2:

"And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others."

Discuss your personal experiences with discipleship. Did someone mentor you? What were some of the things you learned?

3. Read 2 Tim. 1:1-7. Discuss the following:

- a. What does it mean to be endearing to people as Paul was to Timothy?
- b. What does it mean to be in Christ? (see also Gal. 2:20)
- c. What does it mean to have a cleansed conscience (v. 3-5)?
- d. What do you think are your spiritual gifts (v. 6-7)? Do others agree?

4. Read 2 Tim. 1:7 again. Discuss how the Holy Spirit can help you be less fearful and more filled with "power, love and a sound mind."

Prayer time:

Pray for each other: to be unafraid, intentional, willing to sacrifice, sincere and filled with the Holy Spirit.