# Galatians 5:13-26 Study Guide

Big Idea: Walking by the Spirit enables me to overcome my flesh and bear fruit.

### 1. Read Galatians 5:13-15.

Share an example of someone who claims to be "free" in Jesus, and then continues to be unloving towards others. Freedom is truly freedom from self, and being called into a love relationship with Jesus, that spills over into loving others. Share examples of seeing this in your own life or in the life of someone you know.

### 2. Read Galatians 5:16-18.

Imagine you have a 'wolf' and a "golden retriever' inside of you. The one you feed will overpower the other. In the same way, when you walk by the Spirit, it will diminish and replace your fleshly desires. Discuss what that looks like in someone's life. What does it mean to walk by the Spirit?

### 3. Read Galatians 5:19-21.

Describe our natural desires. Why do you think people who make this into a lifestyle don't enter heaven?

## 4. Read Galatians 5:22-23.

Describe the fruit of the Spirit. Notice that it's one thing, singular- "fruit". When you are led by the Spirit you have all of these supernatural character qualities. Discuss evidence you have seen in people who walk in the Spirit.

## 5. Read Galatians 5:24-26.

Talk about the Big Idea, that walking by the Spirit enables us to overcome our flesh and bear fruit. What does it mean to you to belong to Christ and therefore to 'crucify the flesh'?

## Application- 17 Days of Fasting & Prayer

Consider joining CFC from November 6-22 to fast and pray.

Purpose: Hear, overcome and focus.
Suggested Fasting: Food, Social Media, Entertainment...
Week #1- Brokenness
Week #2- CFC Decisions
Week #3- World Conflict
Share your experience with your group!

# Galatians 5:13-26 Message Outline

### A. Called to Freedom (v. 13-15)

13 For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. 14 For the whole law is fulfilled in one word: "You shall love your neighbor as yourself." 15 But if you bite and devour one another, watch out that you are not consumed by one another. When do we receive the Holy Spirit?

**1 Corinthians 12:13-** "For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit."

Romans 8:9- "Anyone who does not have the Spirit of Christ does not belong to Him."
Ephesians 1:13-14- "In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit,"
2 Corinthians 13:5- "Examine yourselves to see whether you are in the faith."

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### B. Walking by the Spirit (v. 16-18)

16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. 18 But if you are led by the Spirit, you are not under the law.

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### C. Overcoming the Flesh (v. 19-21)

19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. **Human sexuality –** sexual immorality, impurity, sensuality **Idolatry-** idolatry, sorcery **Relationships-** enmity, jealousy, fits of anger, rivalries, dissensions, divisions, envy **Unrestrained behaviors-** drunkenness, orgies, and things like these.

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### D. Bearing Fruit (v. 22-23)

22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

Love: devoted to the good of others Joy: hope-filled satisfaction in God's goodness Peace: inner calm; (all unanswered questions are already answered) Patience: steadfast endurance Kindness: nice Goodness: generous Faithfulness: courageously reliable Gentleness: humble Self-control: disciplined

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### Galatians 5:24-26

24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also keep in step with the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

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Share your experience anonymously!