

Study Guide

Vision Sunday | Healthy Community

Theme: Caring Relationships

1. Share about an experience where you noticed that someone cared about you. What was that like for you? Share about a relationship where you cared for someone else.
2. Read Hebrews 10:24-25. The word *paroxusmos* means to stir up or to spur. It is not really a comfort word. When was the last time you confronted someone because they were being selfish? What was that like?
3. From verse 24b, share some examples of what it looks like to be serving others with love and good deeds. How can we encourage each other to keep doing so in an increasingly self-centered culture?
4. According to verse 25 we are not to isolate ourselves from our Christian community. Why do you think people isolate? Discuss.
 - a. Self-centeredness- *people use others or feel used.*
 - b. Lack of vision- people don't see the value of community.
 - c. Other reasons
5. The return of Christ is approaching (v.25b). How can you improve what it means to "spur", "love", and "meet"?
6. How is your personal time with God? Do you feel like you have created enough margin in your life to let God "fill your tank" before trying to care about others? What would that look like in 2019? Discuss.

Message Slides

Healthy Community

What coming? **Steadfast**- Jan. 19/20

Theme- Caring Relationships

Picture of Emoji's? Pixels?

1. I care enough to...spur.

Hebrews 10:24-25

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."

2. I care enough to ... love.

Hebrews 10:24-25

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."

3. I care enough to...meet.

Hebrews 10:24-25

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."

Why do we not want to meet?

>each on mouse click<

a. Self-centeredness

b. Lack of Vision

4. I care because Jesus cares about me.

Hebrews 10:24-25

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see **the Day approaching.**”

Emotionally Healthy Spirituality- Peter Scazzero

Show image of book

Contemplative Spirituality

>each on mouse click<

1. Knowing yourself that you may know God
Becoming your authentic self

2. Going back in order to go forward
Breaking the power of the past

3. Journey through the wall
Letting go of power and control

4. Enlarge your soul through grief and loss
Surrendering to your limits

5. Discover the rhythms of the daily office and Sabbath
Stopping to breathe the air of eternity

6. Grow into an emotionally mature adult
Learning new skills to love well

7. Develop a 'rule of life'
Loving Christ above all else

Conclusion

Theme: Caring Relationships

I care enough to spur...

I care enough to love...

I care enough to meet...

I care because Jesus cares about me!