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## Psalm 32

- 1) How would you state verses 1-2 in your own words?
- 2) What are some of the effects of unconfessed sin (v3-4)?
- 3) Once we acknowledge our sin and confess it to God, should we still feel guilty? What if other people make us feel guilty? (v5)
- 4) How can fear at times stop us from confession (v6-7)?
- 5) Why is it good to seek out counsel (v8-9)? What should my counselor(s) be like?
- 6) Discuss the contrast given in verses 10+ 11 between those who hide their sin and those who confess.
- 7) What are some practical lessons I can take with me for myself or in helping others with this issue of repentance?