



Community Group Study Guide 03.27.2011

Psalm 116 To say, "I love you..."

Outline:

- A. To say, "I love you" (v.1a)
- B. Reasons why we love God (v.1b-8)
 - 1. God listens to me (v.1b-2)
 - 2. God rescues me (v.3-6)
 - 3. God gives rest to my soul (v.7-8)
- C. My response (v.9-19)

Read Psalm 116

1. What was your first "I love you" like? Were you a little afraid to say it? Have you ever told God, "I love you."? Read Luke 10:27. Why is it hard to say such a thing to God?
2. The first reason we love God is because **He listens to us**. Have you ever spoken with someone who doesn't listen well? Have you ever wondered whether God is listening to you, since there are so many needs, prayers and people? Read Psalm 139:17-18 and Psalm 40:5. Can you give examples of times you sensed God listening and other times He felt very distant.
3. Read verses 3-6. "Cords of death"! Other passages list cords as...cords of affliction, cords of sin, cords of the wicked, or cords of falsehood. How do these cords affect people? When a call for salvation goes out, how is God then described (v.5-6)?
4. How does God bring rest into our lives once we have called out to Him? See also Philippians 4:6-8.
5. Once we experience rescue and rest, what is meant by "*I will lift up the cup of salvation*", and "*I will pay my vows... in the presence of all His people*", and "*in the courts of the Lord's house*" and "*in the midst of ...Jerusalem*"? How do we lift up God's name...in church...in Lancaster?